

## HUNTINGDON GARDENS SAMPLE MENU PLAN 2021

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>							
Cont. B'fast	Continental Breakfast: A selection of Juice, Fresh or tinned fruit, Yoghurt, Assorted Cereal, Prunes, Porridge, Assorted Bread and Spreads						
Hot B'fast #1	Poached Eggs	Pancakes	Eggs/Hash Browns	Scrambled Eggs	Poached Eggs	Scrambled Eggs	Eggs/Hash Browns
Hot B'fast #2	Spaghetti	Stewed Fruits	Bacon	Bake Beans	Creamy Mushroom	Tomato/Onion Pie	Bacon
<b>Morning Tea</b>							
M/Tea	Assorted Cakes or Savoury Morning Tea, Fresh Fruit or Yoghurt						
<b>Lunch</b>							
Main Meal #1	Sweet Sour Pork	Lamb Hotpot	Roast Turkey	Chicken Mango Curry w Saffron Rice	Grilled Barramundi	Meatball w Tomato h/made tomato sauce	Roast Pork
Main Meal #2	Beef Stroganoff	Osso Bucco	Stir Fry Prawns	Moussaka		Butter Chicken	Moroccan Lamb
Puree/Mince Moist	Puree and mince moist Meals are the same or variation of the above meals (option1 is offered for lunch and option 2 for dinner)						
Dessert	Peach Crumble	White Chocolate Cheesecake	Fresh Fruit Salad	Coconut Cream	Panna Cotta	Fresh Fruit Salad	Creamy Rice Pudding
Dessert #2	Choice of Ice Cream or Gelato, Fresh fruit or Yoghurts						
Alternate Meals	Choice of Salads, Soups or Sandwiches are available as an alternative to the lunch menu						
<b>Afternoon Tea</b>							
A/Tea	Assorted biscuits, cakes, Fresh Fruit or Yoghurt						
<b>Dinner</b>							
Soup	Chicken Noodle	Creamy Mushroom	Pumpkin	Tomato& Vegetable	Potato & Leek	Minestrone	Cream of Broccoli
Light Meal	Steamed Fish	Impossible Quiche	Spring rolls w fried rice	Curried Sausages	Macaroni Cheese & Mushroom	Prawn Cocktails	Lasagne
Sandwich	Assorted Sandwiches						
Salad Option	Assorted Salads						
Fruit	Whole fruit, Tinned fruit and fruit Slices are available						
Dessert	Ice Cream w topping	Jelly Fruit	Banana Custard	Ice Cream w topping	Instant Pudding	Jelly w Cream	Mango Mousse
<b>Supper</b>							
A selection of plain biscuits, fruit or sandwiches. Milo is also offered as an additional beverage							
Special Diets will be catered for on an individual basis. Egg, Vegetarian, Diabetic, Gluten Free, Low Salt, High Protein etc.							
A sandwich selection is available in dining room fridges along with biscuits							
* Please note: This is a sample of our seasonal menu. Menu items are subject to change (2021)							